

Spectrum WASP Newsletter February-April 2024





Hop into Spring with Spectrum WASP

Sunshine Warmth Melts Winter Blues...

Spectrum WASP are bursting with excitement with our latest funding bid, granted from The National Grid...It all started with a funding bid put forward in November asking for an innovative idea with the current cost of living crisis... "How can we keep our Families, Children/Young People warm without having the use of any Money/Gas/Electric???" Oodies that's how! Within days we received the e-mail we had all been anticipating...The National Grid was so impressed with our idea they granted the bid immediately and we received the funding...

With a HUGE order being placed we received the 25 tracking numbers...Our pallet was on the way! After unpacking and sorting into piles, we bagged an Oodie for each Child/Young Person attending the amazing screening of "WONKA" at the Odeon in Mansfield for our annual Christmas Movie of 2023... Each Child/Young Person was greeted on the Morning with their very own Spectrum WASP "WONKA" bar of Chocolate, Golden Ticket and Babyccino from Costa and took to their seats for the screening. Upon leaving the Cinema our Children/Young person showed their Golden Ticket to receive their Special Gift/Bag, Giggles of Joy, Happiness and Excitement echoed through the Cinema...It was one of those moments that make you realise why we do what we do, seeing how happy the Children/Young people were and knowing what a difference the Oodies would make in keeping them WARM over the coming winter months...The feedback and photos that have been received in the Spectrum WASP office have been invaluable, with Parents/Carers able to cut down on their heating, Children/Young people putting there Oodies on as soon as they get home and so much Gratitude and Thanks being received...Spectrum WASP would just like to say a BIG Thank You to The National Grid for making this idea possible...





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Support and Event's Committee Corner

Coffee 'Social' Evening...Spring Events

Join Heather and the Sub Committee for a Social Tea/Coffee Evening @ Pine House A, Ransom Wood to discuss Up and Coming Events and Fundraising...This is Open to all Registered Parents/Carers Wednesday 28th February @ 7.00 – 8.30pm

Committee Social Fundraiser Evening

A new Fundraising evening is coming to Spectrum WASP open to all Families, with a Quiz held by a Quizmaster, Board Games, Bingo and a social catch up...Bring along your own drinks, snacks and alcoholic beverages on the evening @ Turner Hall, 13 Welbeck Road, Mansfield, NG19 9JY...Doors open at 6.00pm to finish at 9.00pm...Donation of £3 per adult or 2 for £5.00...Book via info@spectrumwasp.org

Saturday 2nd March 2024



Spectrum WASP Merch...

Spectrum WASP T-Shirt/Hoodies and Tote bags are available to order for out and about activities.

T-shirts come in Black, Yellow and White with a Spectrum WASP logo on the front left and on the back.

Children's sizes are 3-4yrs, 5-6yrs, 7-8yrs, 9-11yrs & 12-13yrs (£15 per T-Shirt & £25 per Hoodie)

Adult sizes range from S, M, L, XL, 2XL, 3XL (£16 per T-Shirt & £26 per Hoodie - all sizes)

We are also able to offer the fantastic tote bags for £6.00 each or 2 bags for £10.00.

We have samples in our office if you would like to try before placing an order.

Please email info@spectrumwasp.org

DATES FOR THE DIARY FEBRUARY-APRIL 2024		
February 19 th	Monday	<u>Coffee Morning</u> – Open to ALL Registered Parents/Carers - First Coffee Morning back after the half term break. Come along and enjoy a 'Cuppa & Catch Up'
	Coffee	between 9.30-11.30am at Pine House A, Ransom Wood NG21 0HJ with Sue, Jen Jess and Maria See you there!
	Morning	Dates for Coffee Morning Sessions:
	Returns	February 26 th March 4 th ,11 th , 18 th ,25 th is the last Coffee Morning until after Easter Half Terr
		Returning on April 15 th
February 19 th	Monday	FINAL SESSION Creative Animation Project SHOWCASE Spectrum WASP and inviting all Parents/Carers to the Showcase of the Creative Animation Project that
	Widhday	your Children/Young people have been working so hard on using digital equipment
	Showcase of	arts/crafts, audio and videography for an insight on "How they see Mansfield"
	project	The Showcase will be held @ 4.30-6.30pm booking essential due to LIMITED NUMBERS via info@spcetrumwasp.org
E I coth		FOOTBALL INDOORSFootball Skills/Matches are open to All our Registered
February 20 th	Tuesday	Children/Young People 9-18yrs, sessions will be in the 'INDOOR SPORTS HALL'@ Joseph Whitaker Sports College, Warsop Lane, Rainworth, NG21 0AG.
	Last session	
	on March 26 th returning on	Meeting @ 5.15pm to start prompt at 5.25pm till 6.25pm. Remember to bring your Drinks Bottle/Shin Pads and wear your Training Kit. Georgia will be on hand to
	Tuesday 16th	Meet & Greet you. All Parents/Carers 'Welcome' to Support. Donation is £3.00 pe
	April after the Easter	week. Book your place @ info@spectrumwasp.org
	Holidays	Dates For Football –
		February 20 th March 5 th 19 th MTFC Coach Attending –
		February 27 th March 12 th 26 th
	Wednesday	MUSIC- Open to all registered families for Children/Young People/Siblings 9-18yr Enjoying the MUSICAL INSTRUMENTS you've always wanted to try. E.g.,
February 21st	Evening Music	Drumming, Keyboard, Layering Music with Computers, Guitar, Song writing, Sour
r coruary 21	Session for All	Recording, Singing, Making a Band and Much More. FOUR Amazing Tutors
	9-18yrs	support the session @ The Old Library, Leeming Street, MansfieldNG18 1NG Every Wednesday (Term time only) Between 4.00pm-6.00pm ('Drop-in' Session
	TIME CHANGE	after School) Parents/Carers Welcome to stay and enjoy a Tea/Coffee/Juice in the
	4.00-6.00pm Last session	lounge area, to have a little 'U' time with other Parents/Carers, while waiting for your Young Person – Donation is £3.00 per week
	March 27 th	Dates for Music Session February-April
	until April 17 th	February 21 - 28 - March 6 - 13 - 20 - 27 -
February 21 st	Wednesday	New Parents Meeting EVENING – By Invitation Only New Parents /Carars are invited to ioin Spectrum WASP @ Pine House A. Panese
ebidary 21	VVCdricsday	Wood, Mansfield, NG21 0HJ with Sue/Jeni/Jess. To answer any questions about
		Spectrum WASP, find out about your Child/Young Person/Siblings and how we can support
		Meeting starts 7.00-8.30pm
		Booking essential through info@spectrumwasp.org
ebruary 22 nd	Thursday	Basic Cookery, New Skills and Fun Cooking Together.
	11-18yrs	An Apron, with all equipment and fresh ingredients will be provided, along with a
	ii iojio	recipe card to try and take home LIMITED NUMBERS, Booking is essential.
		To Meet @ 4.15pm at Pine House A, Ransom Wood. NG21 0HJto Start our
		Activity at 4.30pm-5.45pmDonation £5.00, Book via info@spectrumwasp.org
February 23 rd	Friday	<u>leen's Club 11-18yrs</u> – Out & About Pool & Pizza, Exclusive use in the front games room @ The Towers. Botany Avenue. Mansfield NG18 5NG. Meeting at
	ay	4:45pm to start 5:00pm-7:00pm. All equipment provided.
		Pizza/Chips/Juice to enjoy on the night with Friends. Donation is £6.50. Book your place @ info@spectrumwasp.org
		your Young Person – Donation is £3.00 per week Dates for Music Session February-April February 21st 28th March 6th 13th 20th 27th New Parents Meeting EVENING – By Invitation Only New Parents/Carers are invited to join Spectrum WASP @ Pine House A, Ranson Wood, Mansfield, NG21 0HJ with Sue/Jeni/Jess. To answer any questions about Spectrum WASP, find out about your Child/Young Person/Siblings and how we caupport. Meeting starts 7.00-8.30pm Booking essential through info@spectrumwasp.org After School Cook Stars with Steph 11-18yrs – 'Cooking Made Fun' Learning Basic Cookery, New Skills and Fun Cooking Together. An Apron, with all equipment and fresh ingredients will be provided, along with a recipe card to try and take home LIMITED NUMBERS, Booking is essential. To Meet @ 4.15pm at Pine House A, Ransom Wood, NG21 0HJto Start our Activity at 4.30pm-5.45pmDonation £5.00, Book via info@spectrumwasp.org Teen's Club 11-18yrs – Out & About Pool & Pizza, Exclusive use in the front games room @ The Towers, Botany Avenue, Mansfield NG18 5NG. Meeting at 4:45pm to start 5:00pm-7:00pm. All equipment provided. Pizza/Chips/Juice to enjoy on the night with Friends. Donation is £6.50. Book your place @ info@spectrumwasp.org 'Throw Out the OLD & Buy in the New!' – Drop off your 'Clothing' Recycling @ Pine House A, Ransom Wood, Mansfield,
February 25 th	Sunday	Drop off your 'Clothing' Recycling @ Pine House A, Ransom Wood, Mansfield, NG21 0HJ between 9:30-11:30am. This supports fundraising for Spectrum WASF
	MONTHLY	Children's charity throughout the year, which provides activities, workshops and
	RECYCLING COLLECTION	events for our Local Children, Young People/Siblings to enjoy together. Please let your Friends/Family/Neighbours know, so they can come along and drop off their
	COLLECTION	Recycling too! It's great to have your Support.
		£87.50 raised at the last collection!!

February 26 th	Monday	Mindfulness Monday Crystals Workshop with Liz – Join us for a Coffee Morni of Mindfulness with Liz from Vision West Notts College learning the power of Crystals. All materials will be provided on the day for you to make your own
		craft/decoration to take home with tea/coffee flowing @ Pine House A, Ransom Wood, NG21 0HJ, 9.30-12.00 NoonThis is a FREE session
February 28 th	Wednesday	Coffee 'Social' EveningSpring Events – Join Heather and the Sub Committe for a Social Tea/Coffee Evening @ Pine House A, Ransom Wood, NG21 0HJ, to discuss Up and Coming Events and FundraisingThis is Open to all Registered
March 1st	Friday	Parents/Carers Teen's Club Calverton 11-18yrs – Out/About Session - Basketball, Football, Followed by a Teen's Sensory Swim Session @ Calverton Leisure Centre, Flatts
		Lane, Calverton, NG14 6JZ. Meeting there at 5.45pm, for the Indoor Soft Play/Football Session Starting 6.00-7.00pm, followed by the Sensory Swim Session at 7.10pm-8.00pm. Juice/Snack provided after Swimming Remember your Drinks Bottle and
		Swimming Kit/Towel/Goggles if needed. Donation is £5.00 for both sessions or £3.00 for one session (either) Book your Place @ info@spectrumwasp.org
March 2 nd	Saturday	FUNDRAISER ALERT Committee Social Fundraiser Evening – A new Fundraising evening is coming to Spectrum WASP open to all Families, with a Qu held by a Quizmaster, Bingo, Donkey Derby, Beetle Drive, Social catch up and
A CONTRACTOR OF THE PARTY OF TH		plenty more on the nightHot dogs and Mushy peas available to purchase on the nightBring along your own drinks, snacks and alcoholic beverages on the evening @ Turner Hall, 13 Welbeck Road, Mansfield, NG19 9JYDoors open at
Communication (Communication Communication C		6.00pm to finish at 9.00pmDonation of £3 per adult or 2 for £5.00Book via info@spectrumwasp.org After School Cook Stars with Steph 5-10yrs – 'Cooking Made Fun' Learning
March 7 th	Thursday	Basic Cookery, New Skills and Fun Cooking Together. An Apron, with all equipment and fresh ingredients will be provided, along with a recipe card to try and take home.
	5-10yrs	"Cooking Made Fun" LIMITED NUMBERS, Booking is essential To Meet @ 4.15pm at Pine House A, Ransom Wood, NG21 0HJto Start our Activity at 4.30pm-5.45pmDonation £5.00, Book via info@spectrumwasp.org
March 8 th	Friday	Teens SessionIntroduction to First Aid — An evening of learning lifesaving skills including basic CPR, Choking, First Aid Treatment and a taster of Spectrum WASP very own Defib/Training Defib in actionThis is a session not to be missewith Certified TA Paul taking the session. Booking is essential. To Meet @ 5.45pm at Pine House A, Ransom Wood, NG21 0HJto Start our Activity at 6.00-8.00pmDonation £3.00. Book via info@spectrumwasp.org
March 11 th	Monday	Red Nose Comic Relief Coffee Morning — We will be hosting a Red Nose Cake and Bake sale on at our Coffee Morning between 9.30-11.30am at Pine House A Ransom Wood, NG21 0HJAny donations of home baking or cakes will be
COMIC RELIEF		welcome on the day to support our fundraising with all proceeds being donated to Comic Relief.
March 13 th	Wednesday	New Parents Meeting – By Invitation Only New Parents/Carers are invited to join Spectrum WASP @ Pine House A, Ranso Wood, Mansfield, NG21 0HJ with Sue/Jeni/Jess/Maria. To answer any questions about Spectrum WASP, find out about your Child/Young Person/Siblings and how we can support.
March 15 th	Friday	Meeting starts 10am-11.30am. Booking essential through info@spectrumwasp.or Teen's Club 11-18yrs – Drama Club – With Friend/Guest Alan Dawson who will be bringing along Special Guests, Sandy and Emma, for those 11yrs+ who would like to learn more about Script Reading, alongside a discussion into Parts and
		practising the current Script Meeting at 5.45pm @ Pine House A, Ransom Woo Mansfield, NG21 0HJ, for the session to start at 6.00-8.00pm, Snacks/Juice providedFree sessionBook your Place @ info@spectrumwasp.org
March 17 th	Sunday	FA Football Team Match – for Spectrum WASP Football Team/Young People 10 18yrs. Supported by Our Parent Coaches Adam/Garry/Mike/Richard @ Gresham Sports Park, Gresham Park Rd, West Bridgford, Nottingham NG2 7YF.
	10-18yrs BOYS/GIRLS	All Training Kits to be worn on the Day with Astro Turf Boots/Trainers. Football Tops will be given out after a Warm-up session for those coming along. Remember
	MONTHLY FOOTBALL TEAM GAMES Via FA Pan	your Shin Pads/Goalie Gloves Time to be confirmed normally meeting @ 12 Noon to start at 12.30pm. Adam to confirm nearer the time. Remember your Drinks Bottle/Snack, Parents/Carers to remember Chairs/Picnic
	Disability League	Blankets/Flask Hot Drinks, Wrap Up Warm, for those coming along to support on the day FREE Session

March 20 th	Wednesday	Meeting – @ Pine House A, Ransom Woods, Meeting at 6.45pm to start prompt @ 7.00-8.30pm
March 21 st	Thursday	After School Cook Stars with Steph 11-18yrs – 'Cooking Made Fun' Learning Basic Cookery, New Skills and Fun Cooking Together.
	11-18Yrs	An Apron, with all equipment and fresh ingredients will be provided, along with a recipe card to try and take home LIMITED NUMBERS, Booking is essential.
		To Meet @ 4.15pm at Pine House A, Ransom Wood, NG21 0HJto Start our Activity at 4.30pm-5.45pmDonation £5.00, Book via info@spectrumwasp.org
March 22 nd	Friday	A Choice of Teen's Club 11-18yrs – Drama Club/Gymstarz and Mc Donalds With Friend/Guest Alan Dawson who will be bringing along Special Guests, Sandy and Emma, for those 11yrs+ who would like to learn more about Script Reading, alongside a discussion into Parts and practising the current Script Meeting at 5.45pm @ Pine House A, Ransom Wood, Mansfield, NG21 0HJ, for the session to start at 6.00-8.00pm, Snacks/Juice providedFree session Book your Place @ info@spectrumwasp.org
		Gymstarz and McDonalds Gymstarz with Gareth and the Team will include Trampolining, Gymnastics, Fun and Games to meet @ 5.45pm to start at 6.00-7.00pmGymstarz is on site at Ransom Wood, NG21 0HJ (Turn left at the first roundabout as you enter Ransom Wood and look for the large grey building to your left) Remember to bring your Drinks Bottle to GymstarzWe will then make our way over to Mc Donalds (next the Aldi/Golden Eagle) Can we kindly request all Parent/Carers are present to transport their Child/Young person over to Mc Donalds were we will purchase you Child/Young Person a Medium MealDonation is £6.50. Book your place info@spectrumwasp.org
March 24 th	Sunday	"Throw Out the OLD & Buy in the New!" Drop off your 'Clathing' Pageling @ Disa House A. Bancom Wood Manefield
	MONTHLY RECYCLING COLLECTION	Drop off your 'Clothing' Recycling @ Pine House A, Ransom Wood, Mansfield, NG21 0HJ between 9:30-11:30am. This supports fundraising for Spectrum WASP Children's charity throughout the year, which provides activities, workshops and events for our Local Children, Young People/Siblings to enjoy together. Please let your Friends/Family/Neighbours know, so they can come along and drop off their Recycling too! It's great to have your Support
March 25 th	Monday	Mindfulness Monday Essential Oils and Body Scrub Workshop with Liz – Join us for a Coffee Morning of Mindfulness with Liz from Vision West Notts College learning about essential oils, body scrubs and having a chance to make your own to take home. All materials will be provided on the day for you to make your own craft/decoration to take home with tea/coffee flowing @ Pine House A, Ransom Wood, NG21 0HJ 9.30-12.00 NoonThis is a FREE session
March 27 th	Wednesday	Teens Social Evening 11-18yrs Join us at Oak Tree Pub/Restaurant for a social catch up and something to eatTo meet @ 6.00pm at the Oak Tree Inn281 Southwell Rd W, Mansfield NG18 4LABooking is essential we will need to send through a pre-order of foodDonation of £7.50 will include 1 main meal and a desert with squashBook your place at info@spectrumwasp.org

PAYMENTS FOR ACTIVITIES

All payments can be made via Cash/BACS.

Spectrum WASP BACS Details:

Sort Code: 09-01-28 **A/C Number:** 25206190

Ref: Activity Name e.g.- Cinema

April 2 nd Tuesday X2 Sessions Tuesday X2 Sessions Tuesday X2 Sessions X2 Sessions Tuesday X2 Sessions X2 Sessions X3 Sessions X4 Sessions X5 Sessions X6 Sessions X6 Sessions X6 Sessions X8 Sessions X8 Sessions X8 Sessions X9 Session To start @ 10,00-11.30am 11-18yrs Session To start @ 10,00-11.30am 11-18yrs Session To start @ 12,00-1.30pm Donation £5.00 booking essential via info @ spectrumwasp.org Calburys World Day Trip Out Join Spectrum WASP for a Family Fun "Egg- cellent" Day Out at the World Famous Cadburys World. We will learn everything Chocolatey from how it's made to tasting the mouth-watering delights that hide behind the famous purple wrapperWe have Limited places on a coach for those that do not have their own transportTo meet @ 8.00am at Pine House A, Ransom Wood, NG21 0HJ, with the coach leaving prompt @ 8.15am to arrive at Cadburys World at approximately 10,00amLeaving Cadburys World @ 3.00pm to arrive back at Pine House for approximately 4.30pm £5.00 donation per person for all those accessing the coach. Ticket Donation for all Children/Young people 5-18yrs for Cadburys World £10.00 per personOne free ticket can be provided for a Parent/Carer upon proof of Disability Living Allowance or PIP award letterA copy of this needs to be sent through to info@ spectrumwasp.org upon booking your Cadburys World place, Otherwise 1 adult ticket price will be discounted at £15.00 LIMITED PLACES Book via info@ spectrumwasp.org Lea Green Activity, Learning & Development Centre — Main Rd, Lea, Matlock. DE4 5G.J. A Day Out in a Small Group of 12 Children/Young People 5-10yrs with Parent/Carer Support. Enjoying Challenges with Stream/Rock Climbing, Team Building Challenge on the Skyline/Zip Line. Enjoying a Picnic Lunch together before the afternoon Activities. Meeting at Lea Green for 9.30am to start our Induction/Activities at 9.45am. Activities Start prompt at 10.00am-3.00pm. Remember to bring a change of Clothes/Trainers/Wellies/Towel for Stream/Wall- although Waterprong		
April 2 nd April 3 rd April 5 th		Cook Stars with Steph 'Cooking Made Fun' Learning Basic Cookery, New Skills and Fun Cooking Together @ Pine House A, Ransom Wood, NG21 0HJ
April 2 nd	Tuesday	An Apron, with all equipment and fresh ingredients will be provided, along with a
K	X2 Sessions	recipe card to try and take home "Cooking Made Fun" - LIMITED NUMBERS
*		5-10yrs Session To start @ 10.00-11.30am
长 火		11-18yrs Session To start @ 12.00-1.30pm Donation £5.00 booking essential via info@spectrumwasp.org
Ν ₭		Cadburys World Day Trip Out Join Spectrum WASP for a Family Fun "Egg-
April 3 rd	Wednesday	cellent" Day Out at the World Famous Cadburys WorldWe will learn everything
*		Chocolatey from how it's made to tasting the mouth-watering delights that hide behind the famous purple wrapperWe have Limited places on a coach for those
		that do not have their own transportTo meet @ 8.00am at Pine House A,
Cadbury		Ransom Wood, NG21 0HJ, with the coach leaving prompt @ 8.15am to arrive at Cadburys World at approximately 10.00am…Leaving Cadburys World @ 3.00pm
* WORLD		to arrive back at Pine House for approximately 4.30pm
* 		£5.00 donation per person for all those accessing the coach.
**************************************		Ticket Donation for all Children/Young people 5-18yrs for Cadburys World £10.00
*		per personOne free ticket can be provided for a Parent/Carer upon proof of Disability Living Allowance or PIP award letterA copy of this needs to be sent
*		through to info@spectrumwasp.org upon booking your Cadburys World place,
** *		Otherwise 1 adult ticket price will be discounted at £15.00 LIMITED PLACES Book via info@spectrumwasp.org
*		Lea Green Activity, Learning & Development Centre – Main Rd, Lea, Matlock.
April 5 th	Friday	DE4 5GJ. A Day Out in a Small Group of 12 Children/Young People 5-10yrs with
** *	<u>5-10YRS</u>	Parent/Carer Support. Enjoying Challenges within Stream/Rock Climbing, Team Building Challenge on the Skyline/Zip Line. Enjoying a Picnic Lunch together
*		before the afternoon Activities. Meeting at Lea Green for 9.30am to start our
*		Induction/Activities at 9.45am. Activities Start prompt at 10.00am-3.00pm. Remember to bring a change of Clothes/Trainers/Wellies/Towel for Stream/Walk-
长 火		although waterproofs will be provided on the day. Remember your ricine
* *		Lunch/Drinks/Picnic Blanket for the day and wear older clothes as we may get a bit wet/muddyDonation is £15.00 per Child/Young PersonParent/Carer support is
*		FreeOne Parent per Child.
<u> </u>		Limited Numbers – Book your Place @ info@spectrumwasp.org MTFC VS CRAWLEY TOWN – We have the opportunity to enjoy an afternoon at
	Saturday	MTFC Football Stadium watching MTFC VS CRAWLEY TOWNFREE Tickets are
K	Mansfield Town	
	Vs	Football Tickets are open to All Children along with their Parent/Carer who Play Football on a TuesdayWe also have the opportunity for our Children/Young
	Crawley Town	People to be Flag Bearers on the dayIf your Child/Young Person would like to
	Flag Bearers	participate please ensure they are dressed in their full Spectrum WASP training kit.
*	Opportunity	Meeting there at 2.15pm by the Football in the Community Door (at the far end of
於 ※		the main Car Park on the right) Match will start at 3.00pm
*		If you would like 2 Tickets one for a Child/Young Person and one for a
K		Parent/Carer LIMITED TICKETS Please BOOK your tickets via info@spectrumwasp.org
*		Family Bike Ride and Picnic Lunch— @ Sherwood Pines, NG21 9JL. Meeting
April 8 th	Monday	near the Café @ 10.00-10.15am to start our Bike Ride for 10.30am prompt. You can bring along your own Bike/Helmet if you want or we can hire from the Cycle
		Hire on site at the Pines for a donation of £3.50 towards the hire costFollowed by
		a Picnic Lunch…Remember to bring your Picnics, Snacks, Drinks and Picnic Blanket… Drinks bottle and suitable footwear for riding…Book your Family Place
ヾ ※		@ info@spectrumwasp.org
April 6th April 8th April 9th	Tuesday	available through working with Gary/ leam at MTFC 'Football in the Community'. Football Tickets are open to All Children along with their Parent/Carer who Play Football on a TuesdayWe also have the opportunity for our Children/Young People to be Flag Bearers on the dayIf your Child/Young Person would like to participate please ensure they are dressed in their full Spectrum WASP training kit. Meeting there at 2.15pm by the Football in the Community Door (at the far end of the main Car Park on the right) Match will start at 3.00pm If you would like 2 Tickets one for a Child/Young Person and one for a Parent/Carer LIMITED TICKETS Please BOOK your tickets via info@spectrumwasp.org Family Bike Ride and Picnic Lunch— @ Sherwood Pines, NG21 9JL. Meeting near the Café @ 10.00-10.15am to start our Bike Ride for 10.30am prompt. You can bring along your own Bike/Helmet if you want or we can hire from the Cycle Hire on site at the Pines for a donation of £3.50 towards the hire costFollowed by a Picnic LunchRemember to bring your Picnics, Snacks, Drinks and Picnic Blanket Drinks bottle and suitable footwear for ridingBook your Family Place @ info@spectrumwasp.org Calverton Leisure Centre — Indoor Soft Play/Football Session, Basketball, Followed by a Sensory Swim Session @ Calverton Leisure Centre, Flatts Lane, Calverton, NG14 6JZ. Meeting there at 9.45am, for the Indoor Soft Play/Football Session. Starting 10-11.00am, followed by the Sensory Swim Session at 11.10-12noon. Juice/Snack provided after Swimming Remember your Drinks Bottle and Swimming Kit/Towel/Goggles if needed. Donation is £5.00 for both sessions or £3.00 for one session (either) All under 8's will need accompanying in the swimming pool at all times Book your Place @ info@spectrumwasp.org
k Abili 3	luesuay	Calverton, NG14 6JZ. Meeting there at 9.45am, for the Indoor Soft Play/Football
** *		Session. Starting 10-11 00am, followed by the Sensory Swim Session at 11 10-12 poor
*		Starting 10-11.00am, followed by the Sensory Swim Session at 11.10-12noon. Juice/Snack provided after Swimming Remember your Drinks Bottle and
*		Swimming Kit/Towel/Goggles if needed.
K K		Donation is £5.00 for both sessions or £3.00 for one session (either) All under 8's will need accompanying in the swimming pool at all times
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		Lea Green Activity, Learning & Development Centre – Main Rd, Lea, Matlock.
April 10 th	Wednesday	DE4 5GJ. A Day Out in a Small Group of 12 Children/Young People 11-18yrs with
		Parent/Carer Support. Enjoying Challenges within Stream/Rock Climbing, Team
	<u>11-18YRS</u>	Building Challenge on the Skyline/Zip Line. Enjoying a Picnic Lunch together
		before the afternoon Activities. Meeting at Lea Green for 9.30am to start our
		Induction/Activities at 9.45am. Activities Start prompt at 10.00am-3.00pm.
		Remember to bring a change of Clothes/Trainers/Wellies/Towel for Stream/Walk-
		although Waterproofs will be provided on the day. Remember your Picnic
		Lunch/Drinks/Picnic Blanket for the day and wear older clothes as we may get a bit ?
		wet/muddyDonation is £15.00 per Child/Young PersonParent/Carer support is
		FreeOne Parent per Child.
		Limited Numbers – Book your Place @ info@spectrumwasp.org
		Teen's Club 11-18yrs – Drama Club – With Friend/Guest Alan Dawson who will
April 11 th	Thursday	be bringing along Special Guests, Sandy and Emma, for those 11yrs+ who would
		like to learn more about Script Reading, alongside a discussion into Parts and
		practising the current Script Meeting at 9.45am @ Pine House A, Ransom Wood,
		Mansfield, NG21 0HJ, for the session to start at 10.00-12noon, Snacks/Juice
		providedFree sessionBook your Place @ info@spectrumwasp.org
April 12 th	Friday	Odeon Cinema Mansfield - We are going for an Autism Friendly Screening of a
		New Film just out Kung Fu Panda 4 For <u>ALL</u> Children/Young
	-	People/Siblings/Families at Spectrum WASP with our own Early Morning Showing.
	_	Meeting at the Odeon, at 9.00-9.15am for the Film to start prompt at 9.30am.
	Panda 4	Refreshments will be open at the Odeon, or you can bring along your own
		Drinks/Snacks
		Donation will be £5.00 for all Children, Parents/Carers are FREE
	<u> </u>	Book your Place @ info@spectrumwasp.org
	April 10 th April 11 th	April 10 th Wednesday 11-18YRS April 11 th Thursday

ALL Activities are weather permitting.



Spectrum WASP Upcoming EVENTS & FUNDRAISERS

We have some amazing events/opportunities coming up for us at Spectrum WASP some of which will support our Fundraising which will help sustain our activity program at Spectrum WASP.

We are looking for support from our Parents/Carers, Children/Young People and Siblings to attend these fundraisers alongside Sue/Jeni/Jess/Maria/Management Committee to ensure we continue to have as many successful events as possible.

Please see the dates below and let us know via email @ info@spectrumwasp.org if/when you can support. We always love to see familiar faces at events too! So don't forget to let your friends/family know about the dates as well.

These fundraisers/events are **KEY** to enabling Spectrum WASP to continue putting on the fantastic activities that we do.

Saturday 2 nd March	Games NightA new Fundraising evening is coming to Spectrum WASP open to all Families, with a Quiz held by a Quizmaster, Board Games, Bingo and a social catch up @ Turner Hall, 13 Welbeck Road, Mansfield, NG19 9JYDoors open at 6.00pm to finish at 9.00pmDonation of £3 per adult or 2 for £5.00Book via info@spectrumwasp.org
Monday 11th March COMIC RELIEF	Red Nose Comic Relief Coffee Morning We will be hosting a Red Nose Cake and Bake sale on Monday 11th March at our Coffee Morning between 9.30-11.30am at Pine House A Ransom Wood, NG21 0HJAny donations of home baking or cakes will be welcome on the day to support our fundraising with all proceeds being donated to Comic Relief.
Friday 24 th May SPECIAL WASP Note to boy FRIDAY 24 Th HAY 2024 FRIDAY 24 Th HAY 2024 BOOK YOUR TICKETS HOW	'Night at the Dogs'Were 'OFF' to Nottingham Grey Hound Stadium for our Fabulous Fundraising Family Social Night OutAsk ALL your Family/Friends/Work Colleagues to Join Spectrum WASP for a Great NightAdult tickets £3 each or 2 for £5Under 18s £1 on the gateBook your tickets now through info@spectrumwasp.org

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Join us in wishing our below Children/Young People

👂 HAPPY BIRTHDAY! 👂

March- Alfie, Roy, Dylan, Elly, Thomas, Evie, Asher, Ryan, Dainton, Lucy, Matthew, Isaac, Arion, Matthew, Anya, Logan, Chloe, James, Lilli

April- Rosie, Thomas, Anniyah, Billy, Harry, Joshua, Blake, Leo, Matthias, Caitlin, Finley, Miiyah

IMPORTANT INFORMATION

You will find enclosed a **NEW 2024 Profile Form in <u>Purple</u>** this is to cover from April 2024 – March 2025. We are asking that these are returned to us (either via POST or IN PERSON at an activity) by **Friday 15th March 2024**.

If you registered with us in January/February 2024 please **DO NOT** pay the registration donation, but still fill out the new colour form.

We have also enclosed feedback forms and we ask for you to please complete them and return with your profile forms. We heavily rely on your feedback for funding applications so please take the time to fill it out for Spectrum WASP. Your feedback is invaluable to us and we are always so grateful to receive it.
