Spectrum WASP Newsletter June-July-August 2022

Summer is on the Way!! With FUN Activities for all to Enjoy…

What a Bumper Fun Packed Summer we have coming up for Spectrum WASP Children/Young People to enjoy together over the next few months. Family Day's Out/About, Skegness the Beach/Seaside, Sherwood Pine's Bike Ability/Woodland Drumming, Shelter Building, Fun Face Painting… Adventures at Lea Green Activity Centre, The Woodland Adventure Zone, bringing in New Activities to try, Life/Learning Skills and lots, lots more… but most of all it's about making new Friends and taking part whilst enjoying special time throughout the Summer Holidays together.

As we have such a lot happening over the next few months, a diary on hand would be good to book your Places to come along. We have been doing some AMAZING work at Spectrum WASP as you will see within our Newsletter.

The National Lottery Community Fund has made this happen for us and brought in the 'Sunshine' to Spectrum WASP Children/Young People this Summer keeping us 'Moving Forward into the Future'..

Please keep sending in your Photos, Stories, Family Statements, and most of all leaving your 'Wishes' on the 'Wish Tree'/Popping Suggestions into our Suggestion Box in our Base, or Outside in the Red Post Box…so that we can keep sharing special times together… ❀

Gym Inductions Health/Wellbeing & Family Time…

Inductions/Gym Sessions @ Blidworth Leisure Centre, Belle Vue Lane.

A 'BIG' Thanks goes out to the Directors/Chris/Team at Blidworth Leisure Centre who are offering our Spectrum WASP Teen's Club 11-18yrs FREE Gym Inductions plus a 3 Day Pass to introduce Young People into keeping healthy through Instructed fitness sessions.

By enabling our Teens to gain access to exercising in a gym environment we are hoping this will encourage them to enjoy Friendship Groups whilst working to support each other. Parents/Carers can also have inductions to work alongside their Young People within the 'Teen Gym' area in the Gym..

Our next FREE Induction Session are June 16th ...Meeting 5.45pm to start 6.00-7.00pm – Book through info@spectrumwasp.org for your Place.

Spectrum WASP Footballer's Play FA Team Matches

What an Amazing time we had at The Forest Recreation Ground with our first 'FA Team Matches'. We had 2 Teams from Spectrum WASP taking part in their first monthly Football Match against several 'Teams' within the Community of Nottinghamshire and surrounding areas. Our Parent Volunteer Coaches Adam/Garry have worked so hard with our Children/Young People to make this happen for us. We now have on a Tuesday Evenings over 24 Children on our Register who regularly come along to enjoy Football, which is just Fantastic! Thanks also go to our New Parent Volunteers Mike/Richard who have come on board along with our Young Mentors Tom/Owen who have been supporting Adam/Garry to make this happen. Our numbers of Children/Young People/Siblings ever increasing, and we are having great Fun with Football.

We would also like to say again a 'BIG THANK YOU' to Dave Parkin at Parkin Contractors Ltd, Sutton-In-Ashfield and Barry Jordan from Jordan Road Surfacing, Newark for giving such wonderful Support to our Football Team with their Generous Donations for our NEW TRAINING KITS for every Child/Young person attending and NEW MATCH FOOTBALL KITS. Our Football Team look 'Outstanding' in them!

'BLIDFEST' Fundraising… for Spectrum WASP Children.

It is Fantastic News to be asked by 'BLIDFEST' Committee/Management at The Bird in Hand, on **July 9th** to be part of their Celebration Day within our Local Community. There will be live music, BBQ's, Stalls, and lots of Fun for Children between 12noon-8pm. This will support Fundraising for Spectrum WASP Children's Charity on the day. We will be there to bring in Awareness of the work that we do with our Children/Young People/Siblings at Spectrum WASP within our Local Community and have our own Craft Stall on the day.

We are Looking for a Rota of Volunteers on the Day to Help supporting Sue/Jeni/Jess/Management Committee from 12.00-5.00pm – To talk about Who We Are? What We Do? and How we Support Children/Young People on the Autistic Spectrum with Special/Additional Needs
This is a wonderful platform for us as a Group to be invited to take part in.
Your support on the day would be **WONDERFUL**!! So do come along to enjoy the Day ☺

Book on the Rota with your time slot @ info@spectrumwasp.org

COMMUNITY FUND

PINE HOUSE BASE

£5.00 Donation per session

Parent/Carer/Family Use Tuesday- Friday between 10am-5pm for one Family Household at a time to have 'Family Time Out' and 'Home Schooling' at our Wonderful base set in 70 Acres of Woodland.

Support Worker/Short Breaks Children/Young People for use Tuesday-Sunday.

Please book your Morning/Afternoon/Weekend sessions in advance as our base will need to be Deep Cleaned after every use by emailing **info@spectrumwasp.org**

Enjoy Arts/Craft Materials, Woodland Nature Walks, Homework Catch up, Laptop/I-Pad/Eco Tank Colour Printer for your use, Board Games, Cake Baking & Creative Art Kits, TV/Netflix Films or borrow our Spectrum WASP I-PAD with Parent/Carer consent for Homework/School Work.

Bring a Pack Lunch/Picnic to enjoy Outdoor at Pine House in the Woodland.

We provide Hot/Cold Drinks/Snacks for you to enjoy preparing/cooking yourself at the Base for free!

CYCLE HIRE AT SHERWOOD PINES

We have been Cycle Active throughout 2020/21 and now again in 2022 with Our Spectrum WASP Free Cycle Hire - it's back again @ Sherwood Pines Cycles.

Dan and the Team there have given us amazing support over the last 2 years, helping to look after our Registered Children/Families to make sure every Bike is Checked/Sanitised and also providing a Safety Helmet if needed - it has been just wonderful!

So go down and enjoy 'Family Time Out' and say 'Hello to Dan/Team' who are doing a brilliant job for us 🚴

We again have been able to offer this to all of our Registered Families through Spectrum WASP Funding 'THANK YOU' to everyone who has and is still giving us Fantastic Support to carry on with our 'Family Activities'.

Enjoy a 1-hour Bike Ride Monday to Sunday at Sherwood Pines Cycle Shop on Site at the Pines. Children/Young People/Parents/Carers/Support Workers – No voucher needed for our Spectrum WASP Registered Families, head to Sherwood Pines Cycles and sign in on the Register with Dan & Staff.

Parents/Carers will take Full Responsibility for ALL Children/Young People while out on their Bikes. No Child/Young Person/Sibling is to Ride without Parent/Carer Support.
(Cycle Shop is Open for Buying Cycles/ Equipment/ Maintenance/ Service)

RECYCLING COLLECTION

Drop Off – Pine House A, Ransom Wood, Mansfield NG21 0HJ between 09:30am- 11:30am

Please ask you're your Friends/Family/Neighbours to support. If you need any of our Spectrum WASP Large Yellow Recycling Bags, we have them in Pine House for you to collect or we can Post them out to you.

In April 2022 we raised £176 – In May £112.00 we raised = £288.00!!

As always '**Thank You'** so much for your Fundraising support…

Upcoming dates for 2022:

JUNE 26th – Is our next 'RECYCLING COLLECTION'

24th July
11th September
16th October
27th November

DATES FOR THE DIARY

FOOTBALL 'OUTDOORS' June 7th	Tuesday	**Football Sessions OUTDOORS** - open to all registered families for Children/Young People 9-18yrs. Join Coaches Adam/Garry, Mentors Tom/Owen and Parents/Volunteers Mike/Richard @ JOSEPH WHITAKER SPORTS COLLEGE, NG21 0AG – 'OUTDOOR' ON THE 3G ASTRO TURF. Meeting at 5:45pm to start prompt 6:00pm-7:00pm. Remember to bring your drinks bottle. Georgia will be there to Meet/Greet you. All Parents Welcome to Support. Donation is £3.00 per week. Book your place @ info@spectrumwasp.org Dates for Football June **7th 14th 21st 28th, July 5th 12th 19th 26th, August 2nd 9th 16th** - Break up for Summer (2 Weeks) Start back Sept 6th (info to follow)
June 8th	Wednesday	**New Parent's Meeting** – Invited New Parents/Carers to Spectrum WASP @ Pine House A, Ransom Wood, Mansfield, NG21 0HJ with our Staff/Team on hand to answer any Questions about Spectrum WASP and how we support Children/Young People/Siblings and Parents/Carers Meeting 10am-11am. Booking/Invite essential through info@spectrumwasp.org
June 8th	Wednesday	**Spectrum WASP Youth Music Project** – Open to all registered families for Children/Young People/Siblings 9-18yrs. Enjoying the MUSICAL INSTRUMENTS you've always wanted to try. E.g. Drumming, Keyboard, Layering Music with Computers, Guitar, Song writing, Sound Recording, Singing, Making a Band and Much More. Amazing Tutors support the session @ The Old Library, Leeming Street, Mansfield. Every Wednesday *(Term time only)* Between 3:45pm - 5:45pm. (Drop in Session after School) Parents/Carers Welcome to stay and enjoy a Tea/Coffee/Juice in the lounge area.- **FREE** Session Dates: **June 8th, 15th, 29th July 6th, 13th, 20th, 27th (No Session on June 22nd)**
June 10th	Friday	**Teen's Club 11-18yrs** – Out & About Pool & Pizza @ The Towers, Botany Avenue, Mansfield NG18 5NG. Meeting at 4:45pm to start 5:00pm-7:00pm. All equipment provided, Pizza/Chips/Juice to enjoy on the night. Donation is £5.00. Book your place @ info@spectrumwasp.org
June 12th	Sunday	**Family Bike Ride** – Sunday Morning @ Sherwood Pines, NG21 9JL. Meeting near the Café @ 10.00-10.15am to start our Bike Ride for 10.30am prompt. You can bring along your own Bike/Helmet if you want or we can hire from the Cycle Hire on site at the Pines. Remember your Drinks Bottle and suitable footwear for riding. Book your Family Place @ info@spectrumwasp.org
June 15th	Wednesday	**NEW – For Parents/Carers** who are not able to make our Coffee Morning's our Management Committee are holding a **Social Evening** for Parents/Carers to pop in and enjoy an evening of Coffee/Tea/Cake and most importantly 'Time Out' to enjoy a little 'U' time. So if there is anything your wanting to ask? Know About? Or just meet other New Parents/Friends at Spectrum WASP. Come Along to our First 'Social Evening' @ Pine House A, Ransom Wood, NG21 0HJ, Meeting there at 7.00-8.30pm…Later in the Year will be introducing Speakers and Workshops with your ideas/suggestions… FREE Session - Book at info@spectrumwasp.org
June 16th	Thursday	**GYM INDUCTION** – for Teen's Club 11-18yrs supporting Health/Wellbeing @ Blidworth Leisure Centre *.'ACTIVE4TODAY'*, Belle Vue Lane, Blidworth, Mansfield, NG21 0RD. Enjoy Instructor Lead Gym Fitness with Chris/Team and Friends from Spectrum WASP. Meeting there @ 5.45pm to start your session 6.00-7.00pm. **FREE INDUCTION + 3 DAY FREE PASS** 'Thanks to BLIDWORTH GYM Remember your Drink Bottle, Gym Wear/Trainers for the session. FREE Session - Book your place through info@spectrumwasp.org
June 17th	Friday	**Teen's Club 11-18yrs** – Out & About at CLIP 'n CLIMB Rock Climbing Activity Centre, 28 Ash Court, Phoenix Business Park, Nottingham, NG8 6AR Enjoying indoor Climbing together plus Pizza/Chips/Juice afterwards. Our own Exclusive Use for Spectrum WASP Teens. Meeting there at 5.15pm for Safety Harness/Safety Talk then 6.00-7.00pm Climbing session starts, 7.00-7.30pm Enjoy Tea together. Remember your Drinks Bottle/Trainers to climb. Donation £7.50 per Young Person - Book your Place @ info@spectrumwasp.org
June 18th	Saturday	**FUNDRAISER ALERT** – Spectrum WASP have been invited to take part and have a stall at the 'Summer Charity Fete' at Southwell Rugby Club, Park Lane, Southwell, NG25 0QN starting at 2.00-5.00pm. This is to support our Fundraising and also Celebrating 150 years of the Southwell Freemasons at Minster Lodge. It will also be a wonderful way of bringing in Awareness to the work that Spectrum WASP provide for Children/Young People and Siblings within our Local Community. We will be looking for any Craft Work for our Stall on the Day and welcome any ideas to support Fundraising. We are also looking for Parent/Carer/Teen's Support on the day! Do come along and support our Fundraiser, don't forget to ask Family/Friends too…

June 19th	Sunday	**FA Football Team Match** – 'Summer Football Festival' for Spectrum WASP Football Team Young People 10-18yrs. Supported by Coaches Adam/Garry and Volunteers Mike/Richard, @ Gresham Sports Park, Gresham Park Rd, West Bridgford, Nottingham NG2 7YF. All Training Kits to be worn on the Day. Football Tops will be given out after a Warm up session for those coming along. Time to be confirmed, normally meeting @ 1.30pm to start 2.00-4.00pm Adam will confirm nearer the time. Remember your Drinks Bottle/Snack, Parents/Carers to remember Chairs/Picnic Blankets/Drinks for those coming along to support on the day – FREE Session
June 22nd	Wednesday	**Management Committee Meeting** @ Pine House A, Ransom Woods, Meeting at 6.45pm to start prompt @ 7.00-8.30pm.
June 24th	Friday	**Teen's Club 11-18yrs** – 'BASKETBALL/FUN HOUSE/SENSORY SWIM SESSION' @ Calverton Leisure Centre, Flatts Lane, Calverton, NG14 6JZ. Meeting there @ 5.45pm to start 6.00-8.00pm. Remember your Swimming Kit/Goggles and your drinks bottle. Donation is £5.00 per Young Person - Book your place @ info@spectrumwasp.org
June 26th	Sunday	**RECYCLING COLLECTION** – Drop off your Recycling @ Pine House A, Ransom Wood, Mansfield, NG21 0HJ between 9:30-11:30am. This will be supporting fundraising for Spectrum WASP Children's charity which supports Activities for Local Children/Young People. Please let your friends/family/neighbours know so they can come along and drop off their Recycling.
June 27th	Monday	**Teen's Club 11-18yrs** – DAWN HOUSE Young People are coming along to Pine House A, Ransom Wood to enjoy an Outdoor Woodland Walk/Kite Flying with their Staff/Team & Residential Students. Snacks/Juice will be provided. Parents/Carers are welcome to come along. Meeting at Pine House 6:00pm-8:00pm. **Free Session**.
		JULY 2022
July 1st	Friday	**FUNDRAISER ALERT** – Spectrum WASP Family Social Night Out for ALL Families to enjoy @ Nottingham Greyhound Stadium, Colwick Rd, Nottingham, NG2 4BE. Enjoy a Fun Family night out with us to watch the Racing and if you fancy you can purchase a Chips/Peas supper there too. This supports Fundraising for Spectrum WASP Children's Charity. Ask Family/Friends/Neighbours to join us. Tickets will be **1 for £3.00** or **2 for £5.00** for adults, which is a 'Bargain' as these are normally £7.00 each. Children/Young People up to 18yrs are able to come along for just **£1.00** on the entrance door. Please support our Fundraising Night Out together. Let's see how much we can raise on our Ticket Sales!!.We need to sell 50 Tickets to Win an extra £100 on the night. Book your Adult Tickets @ info@spectrumwasp.org
July 6th	Wednesday	**New Parent's Meeting** - Invited New Parents/Carers to Spectrum WASP @ Pine House A, Ransom Wood, Mansfield, NG21 0HJ with our Staff/Team on hand to answer any Questions about Spectrum WASP and how we support Children/Young People/Siblings and Parents/Carers Meeting 10am-11am. Booking/Invite essential through info@spectrumwasp.org
July 6th	Wednesday	**Teen's Club 11-18yrs** – Out & About Pool & Pizza @ The Towers, Botany Avenue, Mansfield NG18 5NG. Meeting at 4:45pm to start 5:00pm-7:00pm. All equipment provided, Pizza/Chips/Juice to enjoy on the night. Donation is £5.00. Book your place @ info@spectrumwasp.org
July 8th	Friday	**NO TEEN'S CLUB TONIGHT – DUE TO BLIDFEST TOMORROW**
July 9th	Saturday	**FUNDRAISER ALERT** – '**BLIDFEST'** – Spectrum WASP Family Fundraiser @ The Bird in Hand, Main Road, Blidworth, NG21 0QH. Management Committee and Team will be Fundraising for Spectrum WASP Local Children's Charity. Enjoy 'A Fabulous Family Afternoon Out' in their Outdoor Garden's with Live Local Music and BBQ stalls throughout the afternoon/evening. It will be a great day of Fundraising… We will be looking for any Craft Work for our Stall on the Day and welcome any ideas to support Fundraising. We are also looking for Parent/Carer/Teen's Support on the day! Please come along and support our Fundraiser and don't forget to ask Family/Friends too… It will also be our Awareness Day showing how we support Children/Families within our Local Community.12:00-8.00pm. Book on the Rota @ info@spectrumwasp.org
July 13th	Wednesday	**Teen's Club 11-18yrs** – 'CARVERY NIGHT' @ The Old Reindeer at Edingley, Main Street, Edingley, NG22 8BE. Enjoy choosing your own Carvery and Desert along with a Juice Drink with Friends from Spectrum WASP. Parents/Carers are Welcome to come along and Dine with us. You can enjoy the company of other Parents/Carers for a Family Social Night. Meeting there @ 5.15pm to enjoy our Meal from 5.30pm-7.15pm…Donation is £5.00 per Young Person, Parents/Carers are £10.00 *Payment in Advance required when Booking* @ info@spectrumwasp.org
July 15th	Friday	**NO TEEN'S TONIGHT – DUE TO HAVING WEDS TEEN'S CLUB**

July 17th	Sunday	**Family Bike Ride with Ray**– Sunday Morning @ Sherwood Pines, NG21 9JL. Meeting near the Café @ 10.00-10.15am to start our Bike Ride for 10.30am prompt. You can bring along your own Bike/Helmet if you want or we can hire from the Cycle Hire on site at the Pines. Remember your Drinks Bottle and suitable footwear for riding. Book your Family Place @ info@spectrumwasp.org
July 18th	Monday	**Coffee Morning** – Last one before Breaking up for the Summer Holiday's. So it's Cake Day today…come along and enjoy a 'Cuppa/Catch Up 9.30-11.30am at Pine House A, Ransom Wood, with Sue/Jeni/Jess…See you there!
July 18th	Monday	**Teen's Club 11-18yrs** – We have been invited to enjoy Summer Outdoor 'Social and Sports Night' and Picnic before Schools break up for the Summer @ Dawn House School, Helmsley Road, Rainworth NG21 0DQ with the Staff/Team & Residential Students. Please Bring along a Picnic/Picnic Blanket, juice will be provided, or you can bring along your own Juice Bottle. Parents/Carers/Siblings all welcome to come along. Meeting at Dawn House 6:00pm-8:00pm. **Free Session**
July 20th	Wednesday	**Management Committee Meeting** @ Pine House A, Ransom Woods, Meeting at 6.45pm to start prompt @ 7.00-8.30pm. Last Meeting until September…
July 24th	Sunday	**RECYCLING COLLECTION** – Last collection of the Summer! Drop off your Recycling @ Pine House A, Ransom Wood, Mansfield, NG21 0HJ between 9:30-11:30am. This will be supporting fundraising for Spectrum WASP Children's charity which supports Activities for Local Children/Young People. Please let your friends/family/neighbours know so they can come along and drop off their Recycling.
July 27th	Wednesday	**Spectrum WASP Youth Music Project** – Open to all registered families for Children/Young People/Siblings 9-18yrs. Enjoying the MUSICAL INSTRUMENTS you've always wanted to try. E.g. Drumming, Keyboard, Layering Music with Computers, Guitar, Song writing, Sound Recording, Singing, Making a Band and Much More. Amazing Tutors support the session @ The Old Library, Leeming Street, Mansfield. Every Wednesday *(Term time only)* Between 3:45pm - 5:45pm. (Drop in Session after School) Parents/Carers Welcome to stay and enjoy a Tea/Coffee/Juice in the lounge area.- **FREE** Session **LAST SESSION** UNTIL Starting Back in SEPTEMBER

PAYMENTS FOR ACTIVITIES

All payments can be made via Cash/Cheque/BACS.

Spectrum WASP BACS Details:

Sort Code: 09-01-28
Acc Number: 25206190
Ref: Activity Name e.g.- Cinema

Join us in wishing our below Children/Young People

HAPPY BIRTHDAY!

June – Ethan, Joshua, Blair, Hunter, Eloise, Seth, Kaylem & Jake
July – Logan, Harry, Jessica, Lucas, McKeon, Joshua, Warren & Thomas
August – Max, Kelsey-Mae, William, Nathan & Isaac

Spectrum WASP Upcoming FUNDRAISERS

We have some amazing opportunities coming up for us to Fundraise which will help sustain our activity program at Spectrum WASP.

We are looking for support from our Parents/Carers, Children/Young People and Siblings to attend these fundraisers alongside Sue/Jeni/Jess/Management Committee to ensure we continue to have as many successful events as possible.

Please see the dates below and let us know via email @ info@spectrumwasp.org if/when you can support. We always love to see familiar faces at events too! So don't forget to let your friends/family know about the dates as well.

These fundraisers are **KEY** to enabling Spectrum WASP to continue putting on the fantastic activities that we do.

Saturday June 18th 2022	Southwell Rugby Club Summer Charity Fete *(see poster below)* ***We need support from 2:00-5:00pm***
Friday July 1st 2022	Family Social Night Out @ Nottingham Greyhound Stadium, Colwick ***Tell your friends/family we have 100 tickets to sell!***
Saturday July 9th 2022	BLIDFEST @ The Bird in Hand Pub *(see poster below)* ***We need support from 12:00-5:00pm***
Thursday 8th September 2022	Charity Night @ Mangrove Indian, Mansfield ***Pop this date in your diary if you love a curry… more information to follow!***
Friday 16th September	Charity Golf Day @ Ramsdale Park Golf Centre *(see poster below)* **If you love golf or know someone who does, please spread the word and book your places…**

SUMMER HOLIDAY ACTIVITIES START JULY 29TH – AUGUST 17TH

Week 1 **July 29th**	Friday	**i-JUMP Trampoline Park** – Summer Fun at Spectrum WASP starts for ALL Children/Young People 5-18yrs @ I-JUMP, Old Mill Lane, Mansfield Woodhouse, NG19 9AL. Meeting there @ 8.45am to start our Activity 9.00-10.00am. Please remember to Watch the Safety Video also fill in your Disclaimer online via the i-Jump website before coming along. Remember to wear suitable clothing for trampolining. Don't forget your Drinks Bottle, the Café will also be open. Donation is £5.00 per child. Book your Place @ info@spectrumwasp.org
Week 2 **August 1st**	Monday	**Water Rescue/Beach Safety – Followed by Family Sensory Swim** – Water Rescue and Beach Safety with Instructors Maria/Sarah, Learning Life Skills on Safety by or in the Water, Currents/Waves, Hand Signals/Flags, Beach Awareness, How to keep Children Safe @ Calverton Leisure Centre, Flatts Lane, Calverton, NG14 6JZ. Meeting 9.45am for the session to Start 10.00-11.00am. Followed by a Family Sensory Swim Session for All at 11.00-12noon…For ALL Children 5-18yrs, **PLEASE NOTE** - All Children under 8 years MUST be accompanied by a Parent/Carer in the Pool at ALL TIMES Donation for Single activities Water Rescue £3.50, Family Sensory Swim £3.00 or £5.00 for Both, Parents/Carers FREE – Book your place @ info@spectrumwasp.org
August 2nd	Tuesday	**Football** – for All Children 8-18yrs Outdoor on the 3G Astro Turf Pitch @ Joseph Whitaker Sports College, Warsop Lane, Rainworth, NG21 0AG with Coaches Adam/Garry, Teen Mentors Tom/Owen, Meeting there at 5.45pm to start prompt at 6.00-7.00pm, Those who have Training Kit please wear them also remember your shin pads/trainers. No Stud Boots. Donation is £3.00 – Book @ info@spectrumwasp.org
August 3rd	Wednesday	**GymStarz** – Gymnastics/Trampolining with Gareth/Team @ GymStarz on Site at Ransom Wood, NG21 0HJ *(Turn on the left into the grey Gymstarz Building as you come up to the first small island before you enter the park)* First session for 5-10yrs Meeting there 9.45am to start 10.00-11.00am. Second session 11-18yrs Meeting 11.10am to start 11.15-12.30pm Donation £3.50 per session – Book your Place @ info@spectrumwasp.org
August 4th	Thursday	**Lea Green Activity, Learning & Development Centre** – Main Rd, Lea, Matlock. DE4 5GJ. A Day Out in a Small Group of 12 for Children/Young People **8-17yrs** with Parent/Carer Support. Enjoying Challenges within Stream/Rock Climbing, Team Building Challenge on the Skyline/Zip Line then onto an Outdoor Assault course with a Weighbridge Seesaw. Enjoying a Picnic Lunch together before the afternoon Activities. Meeting at Lea Green for 9.30am to start our Induction/Activities at 9.45am. Activities Start prompt at 10.00am-3.00pm. Remember to bring a change of Clothes/Trainers/Wellies/Towel for Stream/Walk- although Waterproofs will be given out on the day there. Remember your Picnic Lunch/Drinks/Picnic Blanket for the day and wear older clothes as we may get a bit wet/muddy but we will have great fun doing it. Donation is £15.00 per Child/Young Person…Parent/Carer support is Free…One Parent per Child. Limited Numbers – Book your Place @ info@spectrumwasp.org
WEEK 3 **August 8th**	Monday	**Skegness Coach Trip** – We will be enjoying a Day Out at the Seaside/Beach together with maybe a Fish/Chip Lunch and a Donkey Ride. For those wanting to go along on the Bus with us, we will be Meeting at Pine House A, Ransom Wood for 8.45am, Our Skills Bus will be leaving prompt at 9.00am so we can arrive at Skegness near the Clock Tower for around 11.00am. We will then be leaving for 4.00pm to arrive back to Pine House for 6.00pm… For Everyone coming along on the Bus for a Great Family Day Out with Sue/Jeni/Jess it will be £7.50 for per Seat for both Adults/Children. *Payment in Advance required when Booking* @ info@spectrumwasp.org
August 9th	Tuesday	**Football** – for All Children 8-18yrs Outdoor on the 3G Astro Turf Pitch @ Joseph Whitaker Sports College, Warsop Lane, Rainworth, NG21 0AG with Coaches Adam/Garry, Teen Mentors Tom/Owen, Meeting there at 5.45pm to start prompt at 6.00-7.00pm, Those who have Training Kit please wear them also remember your shin pads/trainers. No Stud Boots. Donation is £3.00 – Book @ info@spectrumwasp.org
August 10th	Wednesday	**Lea Green Activity, Learning & Development Centre** – Main Rd, Lea, Matlock. DE4 5GJ. A Day Out in a Small Group of 12 for Young People **11+ years** with Parent/Carer Support. Enjoying Challenges within Stream/Rock Climbing, Team Building Challenge on the Skyline/Zip Line then onto an Outdoor Assault course with a Weighbridge Seesaw. Enjoying a Picnic Lunch together before the afternoon Activities. Meeting at Lea Green for 9.30am to start our Induction/Activities at 9.45am. Activities Start prompt at 10.00am-3.00pm. Remember your Picnic Lunch/Drinks/Picnic Blanket for the day and wear older clothes as we may get a bit wet/muddy but we will have great fun doing it. Donation is £15.00 per Child/Young Person…Parent/Carer support is Free…One Parent per Child. Limited Numbers – Book your Place @ info@spectrumwasp.org

August 12th	Friday	**Portland College Woodland Adventure Zone** – For our 8-11yrs at Portland College, Nottingham Rd, NG18 4TJ. Experience the Climbing Wall, Zip Line and Woodland Orienteering. Meeting at the Reception @ 12.45pm to start prompt 1.00-3.00pm. Please wear Trainers, Trousers/Joggers/Long Sleeved Top, Gloves for the Zip Line if needed. Remember your Drinks Bottle. Limited Numbers. Donation will be £7.50 – Book your Place @ info@spectrumwasp.org
WEEK 4 **August 15th**	Monday	**Spectrum WASP Family Day Out** – Celebrating 'SUMMER SUNSHINE AND FUN' @ Sherwood Pines, Edwinstowe, Mansfield NG21 9JL. Meeting at The Classroom on site @ 10.00am to start our First Activity. **10:00am** - For All Children 5-18yrs who are unable to ride a Bike. 'NCC Bike Ability' and Tutors will be bringing along their Strider Bikes/Helmets for Children/Young People to gain confidence/balance to learn to Ride a Bike, 'Bike Ability will also be providing a Taster Bike Maintenance Session. **11.00am** - For our Confident Bike Riders we will be doing the Green Route Bike Ride where you can bring along your own Bike/Helmet to enjoying 1 hour Bike Ride which will be instructor lead. You can hire bikes/helmets through Dan/Team at Sherwood Cycles on site if required. **12:00-2:00pm** - Lorraine from Butterfly Effex will be on hand to Summer Face Paint for all Children/Young People attending. **1:00pm** – Drumming/Chanting with Biant Singh in the Woodland Area after Lunch for all the Family to have fun together in the sunshine/outdoors, it will just be a magical experience. We also have Woodland Shelter Building all day to make our own Dens with Spectrum WASP friends which will help get ready for Biant Singh coming into our Woodland area @ 1.00pm. We may have a special treat at Lunch too… 'Yummy'! Throughout the day Jason Parnell our Favourite Photographer will be on hand to Capture those special Family moments for us…It's going to be a 'Block buster' of a day in the Pines for us, so make sure you don't miss out. Donation per Child/Young Person is £5.00… Tea/Coffee/Juice will be provided where we have the use of the classroom all day until 3.30pm. Book your Family Place @ info@spectrumwasp.org See you there Sue/Jeni/Jess…
August 16th	Tuesday	**Fun House, Soft Play & Table Tennis – Followed by Family Sensory Swim** – Join us for Soft Play/Table Tennis/Bouncy Fun House/Swimming activities for All Children 5-18yrs. In the Sports Hall at @ Calverton Leisure Centre, Flatts Lane, Calverton, NG14 6JZ. Meeting 9.45am, for the session to Start 10.00-11.00am, followed by Family Sensory Swim Session at 11.00am-12:00pm. All Children under 8 years MUST be accompanied by a Parent/Carer in the Pool at ALL TIMES. Donation for Single Activity £3.00 or £5.00 for Both. Parents/Carers FREE. Book your Place @ info@spectrumwasp.org
August 16th	Tuesday	**Football – LAST SESSION –** for All Children 8-18yrs Outdoor on the 3G Astro Turf Pitch @ Joseph Whitaker Sports College, Warsop Lane, Rainworth, NG21 0AG with Coaches Adam/Garry, Teen Mentors Tom/Owen, Meeting there at 5.45pm to start prompt at 6.00-7.00pm, Those who have Training Kit please wear them also remember your shin pads/trainers. No Stud Boots. Donation is £3.00 – Book @ info@spectrumwasp.org
August 17th	Wednesday	**Odeon Cinema Mansfield** –We are going for an Autism Friendly Screening of the New Film just out – 'DC League of SUPER PETS' For ALL Children/Young People/Siblings/Families at Spectrum/Wasp with our own Early Morning Showing, ..Meeting at the Odeon at 9.00-9.15am for the Film to start prompt at 9.30am….Refreshments will be open at the Odeon, or you can bring in your own Drinks/Snacks…Donation will be £5.00 for all Children, Parents/Carers are FREE… Book your Place @ info@spectrumwasp.org This will be our last Activity for the Summer Holidays…until we see you all again in September…

Wishing you all a

☺ **WONDERFUL SUMMER HOLIDAY'S** ☺

We look forward to seeing you back in September…

See you soon Sue/Jeni/Jess!